

**Patient Review**  
**Chart Talk Wellness Clinic - (234) 234-3342**  
**Date Range: 1/1/2016 to 5/13/2016**

Matthew Richard

08/22/1940

**Medications**

Medication	Strength	Dosage
Lisinopril	5	Aerosol, Foam

**Allergies**

Allergy	Reaction
Codeine	rash and hives

**Family History**

Name	Relation	Description
Richard Ryan	Brother	Cardiomyopathy associated with another disorder (disorder)
Carlson Toni	Mother	Liver transplant rejection (disorder)

**Active Problems**

Problem Code	Description
M80.08XA	Age-related osteoporosis with current pathological fracture, vertebra (e), initial encounter for fracture
S22.010B	Wedge compression fracture of first thoracic vertebra, initial encounter for open fracture
S93.01XD	Subluxation of right ankle joint, subsequent encounter
S93.02XA	Subluxation of left ankle joint, initial encounter

**Hospitalizations**

Name	Category	Reason
shoulder surgery	Injury	raquetball injury

**Social History**

Alcohol	Illicit Drug	Occupation	Travel	Tobacco
Former	Never	Three Dee Printer	Very Frequent	

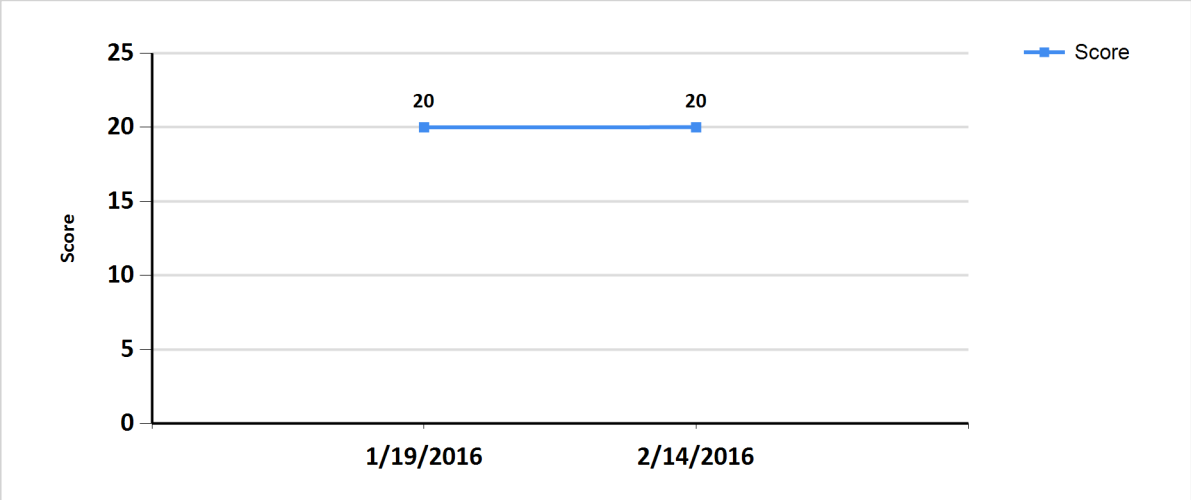
**Current Plan**

I plan to manage this patient's cervical spine complaint on an outpatient basis, with initial regimen of short-term rest. This may include work restriction as noted specifically elsewhere in the chart. Activities of daily living are to be restricted commensurate with pain and spasm. I intend to use application of physical medicine procedures, including soft tissue myofascial release, ultrasound and electrical muscle stimulation for pain control in reduction of inflammation. I also intend to use joint and soft tissue manipulation. I am instructing the patient in home-based rehabilitative exercises designed to improve cervical spine function and overall muscular strength. The patient has inquired about the use of analgesics. The use of over-the-counter analgesic medications (Tylenol, aspirin) is compatible with the management of the cervical spine injury. The medication is allowed, as tolerated anchor manufacturers directions. This applies as well to the use of over-the-counter NSAIDs (naproxen, ibuprofen).

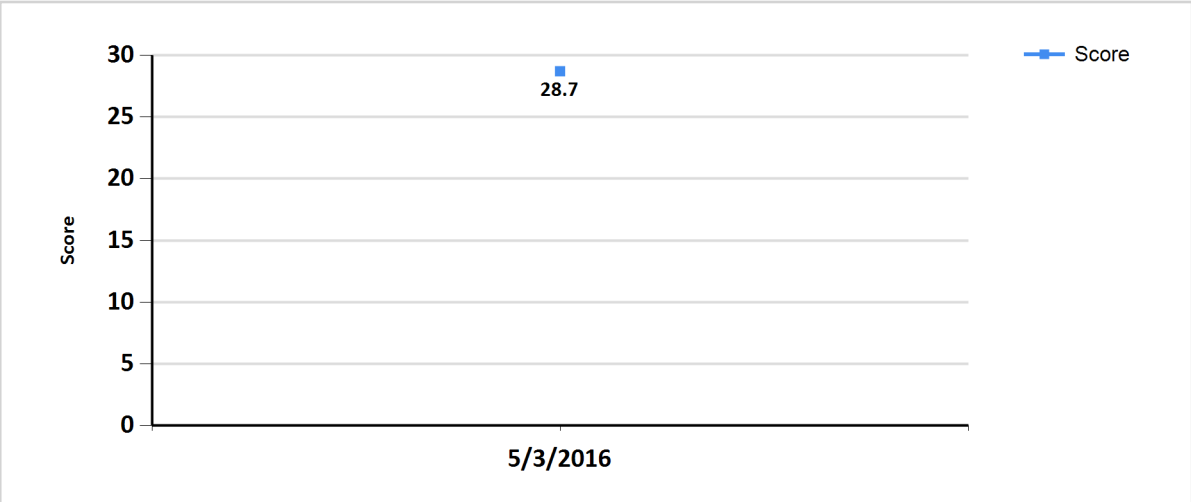
Electronically dictated by Matt Richard, PMP

Functional Assessment

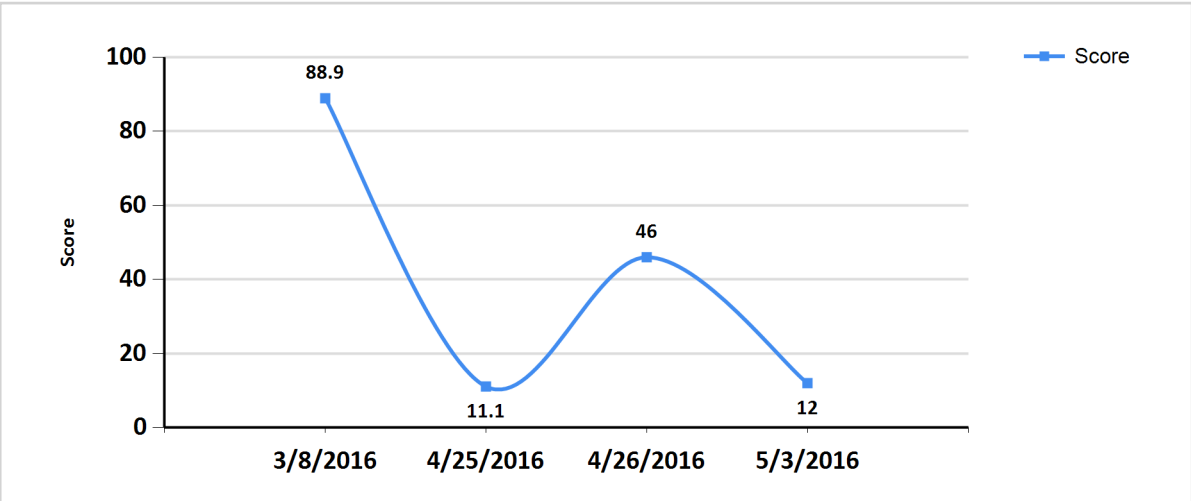
Low Back Disability Index



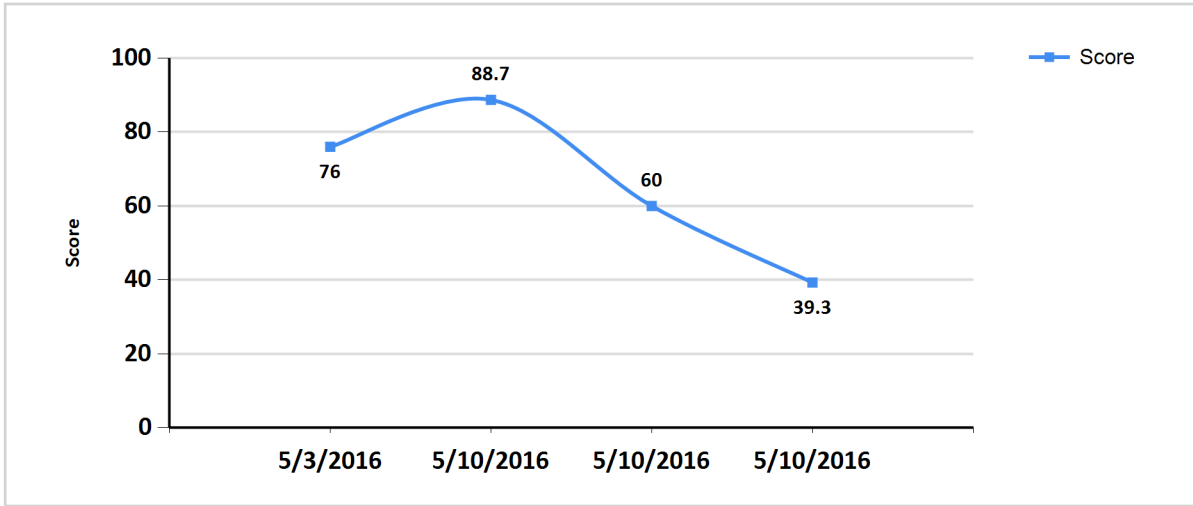
Kansas City Cardiomyopathy Questionnaire



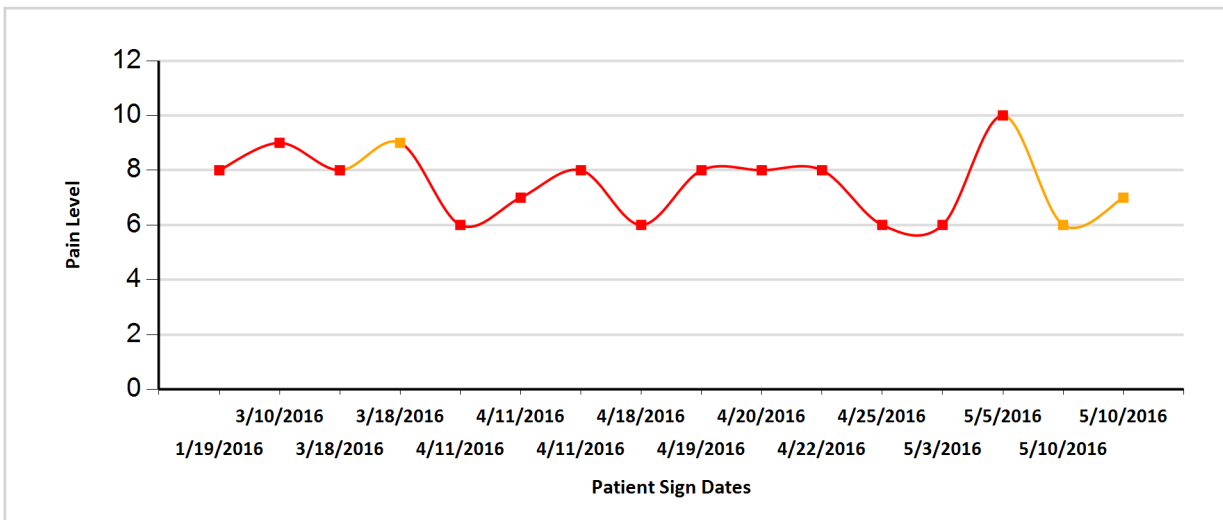
Oswestry 2.1a



### Disabilities of the Arm, Shoulder, and Hand



### Chief Complaint



### Vitals

